

Perceptual Modality Indicators

Visual	Auditory	Kinesthetic
Organized	Talks to self	Responds to physical rewards
Neat and orderly	Is easily distracted	Touches people and stands close
Observant	Moves lips, says words when reading	Is physically oriented
Quieter	Can repeat back	Moves a lot
Appearance oriented	Finds spoken language easy	Has larger physical reactions
More deliberate	Finds math and writing difficult	Early large muscle development
A good speller	Speaks in rhythmic pattern	Learns by doing
Memorizes using mind pictures	Likes music	Memorizes by walking, seeing
Less distracted by noise	Can mimic tone, pitch, and timbre	Points when reading
Trouble remembering verbal instructions	Learns by listening	Gestures a lot
Would rather read than be read to	Memorizes by steps, sequence	Responds physically
Voice		
Chin is up, voice high	"Marks off" with tone and tempo	Chin is down, voice louder
Learning		
Needs overall view and purpose and a vision for details	Dialogues both internally and externally; tries alternatives verbally first	Learns through manipulating and actually doing
Recall		

Remembers what was seen	Remembers what was discussed	Remembers an overall impression of what was experienced
Conversation		
Has to be the whole picture; very detailed	Talkative, loves discussions, may monopolize; has tendency for tangents and telling whole sequential event	Laconic, tactile, uses gestures and movements, uses action words
Spelling		
Most accurate of three modes; sees words and can spell them. Confused when spelling words never seen before	Uses phonetic approach, spells with a rhythmic movement	Counts letters with body movements and checks internal feeling
Reading		
Strong, successful reader; has speed	Attacks unknown words well, enjoys reading aloud and listening; often slow because of subvocalizing	Likes plot-oriented books, reflects actions of story with body movement
Writing		
Having it look OK is important, learning neatness is easy	Tends to talk better than write, and likes to talk while writing	Thick, pressured handwriting that's not as good as others'
Imagination		
Vivid imagery; can see possibilities	Sounds and voices heard	Intuitive; weak on details

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